

Why Participate? An educational investment in your Home Health Aides pays off in quality care! This is a great opportunity to gather your aides for in-service training!

These hour-long teleconferences may be used to help meet the 12 hour per year Home Health Aide educational requirement under the Medicare Conditions of Participation and/or for accreditation purposes.



What Home Health Aides are saying about *The Caring Connection* Teleconferences:

"I really like these in-service teleconference because the speaker really holds my attention and I am not distracted which helps me soak in the information."

Enjoy the convenience and cost-efficiency of a telephone workshop... There is no travel time involved and no limit to the number of attendees from your agency who may participate at your site through one phone line. All you need to participate is a speaker telephone and a room large enough for your staff. A teleconference is a controlled, radio-like environment where you will gather your staff, dial an 800 number, state your verbal pass code and you're connected. As an added function, you will also be able to participate in a Q&A portion. Each teleconference workshop will take place from **3:00PM to 4:00PM EST.**

The registration deadline is 3 days prior to the teleconference. Due to the expense of using the teleconference hook-up, registrations may not be shared between office locations – the agency's registration will provide you with access to **ONLY ONE** phone line into the teleconference. For each additional line please submit a separate registration form. Once you are registered, the handouts will be emailed to you **one day before the teleconference** to the email address provided on the registration form. Please feel free to provide an additional email address as a backup. Handouts are emailed in power point – if you are unable to open a power point presentation, please indicate so on the registration so we can make arrangements to send it to you in another format.

2011 Home Health Aide Teleconference Series

January 13, 2011

The Aide's Role in Caring for a Patient with Heart Failure

Speaker: Jan Helsper, RN

Nearly five million Americans are living with heart failure, and 550,000 new cases are diagnosed each year. In order to manage this condition it is important that the patient follows their doctor's recommendations and make the necessary changes in diet, exercise and lifestyle in order to give them the highest possible quality of life. This workshop will help the aide recognize signs and symptoms of heart failure and identify the role the aide plays in helping the patient manage this condition.

February 10, 2011

The Aide's Role in HIPAA

Speaker: Michelle D. White, MSN, RN

This workshop will focus on assisting your In-Home Aides in understanding HIPAA and confidentiality guidelines. This workshop will offer practical tips to ensure that the para-professional adheres to the required privacy standards.

March 10, 2011

The Aide's Role in Pain Management

Speaker: Jan Helsper, RN

Pain is one of the most frequent complaints amongst older patients. Pain can be caused by acute, chronic or terminal conditions. We often find that pain is not well controlled due to varying reasons such as reluctance to report pain, fear of becoming addicted, and lack of understanding of pain control and the medications prescribed. Pain can greatly impact our patients' lives, leading to depression, loss of appetite, social isolation, lack of sleep and an inability to cope as well as loss of physical function. This workshop will provide the aide with information on their role in improving patient pain.

April 14, 2011

The Aide's Role in Pressure Ulcer Prevention and Care

Speaker: Jan Helsper, RN

Pressure ulcers are a serious and common problem of older adults, affecting approximately one million Americans (primarily those over 65 years old). Immobility, chronic illnesses and lifestyle factors can all contribute to the development of pressure ulcers. Pressure ulcers can have serious and even life-threatening complications. This workshop will provide the aide with information on special pressure sore prevention products and techniques, recognizing pressure sore stages, nutritional support, patient self-image, pain control needs, and signs and symptoms to report to the Registered Nurse.

May 12, 2011

The Aide's Role in Maintaining Appropriate Boundaries

Speaker: Jan Helsper, RN

The relationship formed between aide and patient is different from non-professional, casual, social and personal relationships. While it is essential that the patients needs be foremost, establishing healthy boundaries or limits with our patients is essential to developing a healthy working relationship. This teleconference will address how to maintain those boundaries, managing boundary crossings, and examples of acceptable and non-acceptable behaviors.

June 9, 2011

The Aide's Role in Fostering Independence

Speaker: Jan Helsper, RN

For all of us, one of our greatest fears is losing our independence and self-sufficiency. It is all too common to see someone "give up" because he or she feels they are a burden to others. Encouraging independence is one of the most important aspects of the care an in-home aide provides. Maintaining independence at home brings a sense of pride and accomplishment and ensures our quality of life. This workshop will help the aide finds ways to promote their patient's independence even in the face of reluctance and stubbornness!

Fax completed registrations to (732) 877-1101 or mail with payment to Home Care Association of NJ at 485D Route 1 South, Suite 210, Iselin, NJ 08830. Questions? Please contact Karen Noll at karen@homecarenj.org.

