



*Presents*

## *The Home Health Aide Teleconference Series*

**Why Participate?** These hour-long teleconferences can be used to help meet the 12 hours per year educational requirements under the Medicare Conditions of Participation and/or for accreditation purposes. For all Home Health Aide providers, an educational investment in your aides pays off in quality care! This is a great opportunity to gather your aides for in-service training!

### **What Home Health Aides are saying about *The Caring Connection* Teleconferences:**

“I really like these in-service teleconference because the speaker really holds my attention and I am not distracted which helps me soak in the information.”



**Enjoy the convenience and cost-efficiency of a telephone workshop... There is no travel time involved and no limit to the number of attendees from your agency who may participate at your site through one phone line.** All you need to participate is a speaker telephone and a room large enough for your staff. It is a controlled, radio-like environment where you will gather your staff, dial an 800 number, state your verbal pass code and you're connected. You will also be able to participate in a Q&A portion. Each workshop will take place from **3:00PM to 4:00PM EST.**

**The registration deadline is 3 days prior to the teleconference.** Due to the expense of using the teleconference hook-up, registrations may not be shared between agencies – the agency's registration covers the access of only one phone line into the teleconference. The handouts will be emailed to you **one day before the teleconference** to the email address provided on the registration form. Please feel free to provide an additional email address as a back up. Handouts are emailed in power point – if you are unable to open a power point presentation, please indicate so on the registration so we can make arrangements to send it to you in another format. Thanks!

*Fax completed registrations to (732) 877-1101 or mail with payment to Home Care Association of NJ, 485D Route 1 South, Suite 210, Iselin, NJ 08830. Please contact Jennifer Montross with questions.*



## *Home Health Aide Teleconference Series*

**October 8, 2009**

### **The Aide's Role in Helping Patients with Hypertension**

**Speaker:** Jan Helsper, RN

Hypertension is often a symptom that something is wrong elsewhere in the body. If left untreated, high blood pressure can cause many serious health problems and can even be fatal. A person with hypertension may be symptom free for many years. One of the single most effective ways to treat high blood pressure is a change in lifestyle. In this teleconference the in-home aide will be able to describe signs and symptoms of hypertension and ways to modify lifestyle in order to help the patient manage this disease at home.

**November 12, 2009**

### **The Aide's Role in Men's Health Issues**

**Speaker:** Jan Helsper, RN

Research shows that men are far less knowledgeable than women about health in general and about specific diseases, such as cancer. Lack of health knowledge is a major contributor to delays in seeking care for health issues. This teleconference will describe some of the more common men's health issues such as benign prostatic hyperplasia, prostate cancer, erectile dysfunction, testicular disorders and gynecomastia. Armed with a better understanding, the aide will be able to better help our male patients manage these issues in the home.

**December 10, 2009**

### **The Aide's Role in Women's Health Issues**

**Speaker:** Jan Helsper, RN

While women and men share many similar health problems, women also have their own health issues which deserve special consideration. This teleconference will assist the aide in understanding some of the more common breast diseases, including fibrocystic breast, menopause, osteoporosis, uterine diseases and ovarian cancer.

**January 14, 2010**

### **The Aide's Role in Helping Patients with OTC Medications**

**Speaker:** Jan Helsper, RN

Over the counter medications are often the drugs of choice for many common ailments. But like prescription drugs, OTC medicines can also cause unwanted and sometimes dangerous side effects. It is important that the in-home aide understands some of the possible side effects and interactions these medications may have. This teleconference will discuss the more common OTC medication groups such as analgesics, antihistamines, cough medications and decongestants. Some common herbal remedies will also be discussed.

**February 11, 2010**

### **The Aide's Role in HIPAA**

**Speaker:** Michelle D. White, RN, MSN

This workshop will focus on assisting your in-home aides in understanding HIPAA and confidentiality guidelines. This workshop will offer practical tips to ensure that the para-professional adheres to the required privacy standards.

**March 11, 2010**

### **The Aide's Role in Helping Patients with Parkinson's Disease**

**Speaker:** Jan Helsper, RN

Parkinson's disease is a disorder that affects nerve cells in a part of the brain that controls muscle movement. As the disease progresses, the patient has trouble walking, talking, chewing, swallowing and performing other tasks that we take for granted. The aide plays a vital role in helping the patient and caregiver manage this devastating disease. This teleconference will allow the in-home aide to understand how the disease progresses and what role they play in assisting with the care of the patient in the home.

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### Home Health Aide Teleconference Series

All Teleconferences are Presented at 3:00 p.m. – 4:00 p.m. EST

**Registration:**

- HEMECARENJ Members:** \$125 per line/ per program
- Non-Members:** \$275 per line/ per program

**I would like to register for the following teleconferences:**

- The Aide’s Role in Helping Patients with Hypertension-** October 8, 2009
- The Aide’s Role in Men’s Health Issues-** November 12, 2009
- The Aide’s Role in Women’s Health Issues-** December 10, 2009
- The Aide’s Role in Helping Patients with OTC Medications-** January 14, 2010
- The Aide’s Role in HIPAA-** February 11, 2010
- The Aide’s Role in Helping Patients with Parkinson’s Disease-** March 11, 2010

**Your email confirmation will include:** Details of how to dial into the teleconference on a toll-free telephone line, the handouts, evaluation and certificate. **An email address must be provided below in order to receive a confirmation and dial-in information.**

**YES!** We wish to participate in the telephone conference. I understand we will be emailed the information after the paid registration is processed. Fees will be refunded only if written cancellation is received by Home Care Association of NJ two weeks prior to the workshop. **There will be no refunds after the dial-in number is sent to your agency.** In the event of a written cancellation, Home Care Association of NJ will retain \$30 of the initial fee for administrative overhead. **Registrations must be received in writing and will not be accepted without payment. Please print this page, complete the form and send with payment to: Home Care Association of NJ or fax to (732) 877-1101 – thank you!**

Agency Name: \_\_\_\_\_ Est. # of aides for program \_\_\_\_\_

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail Address (please print): \_\_\_\_\_

Back-up email address: \_\_\_\_\_

Phone ( ): \_\_\_\_\_ Fax ( ): \_\_\_\_\_

**Are you able to open a power point presentation? Yes \_\_\_\_\_ No \_\_\_\_\_**

**Payment Information:**

Enclosed is my check in the amount of \_\_\_\_\_ (payable to Home Care Association of NJ)

Credit Card:  Visa  MasterCard  American Express

Credit Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name (on card): \_\_\_\_\_ Signature \_\_\_\_\_

Address (of cardholder): \_\_\_\_\_

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