



*Presents*

## ***The Home Health Aide Teleconference Series***

**Why Participate?** An educational investment in your Home Health Aides pays off in quality care! This is a great opportunity to gather your aides for in-service training!

These hour-long teleconferences may be used to help meet the 12 hour per year Home Health Aide educational requirement under the Medicare Conditions of Participation and/or for accreditation purposes.

### **What Home Health Aides are saying about *The Caring Connection* Teleconferences:**

“I really like these in-service teleconference because the speaker really holds my attention and I am not distracted which helps me soak in the information.”

**Enjoy the convenience and cost-efficiency of a telephone workshop... There is no travel time involved and no limit to the number of attendees from your agency who may participate at your site through one phone line.** All you need to participate is a speaker telephone and a room large enough for your staff. A teleconference is a controlled, radio-like environment where you will gather your staff, dial an 800 number, state your verbal pass code and you're connected. As an added function, you will also be able to participate in a Q&A portion. Each teleconference workshop will take place from **3:00PM to 4:00PM EST.**

**The registration deadline is 3 days prior to the teleconference.** Due to the expense of using the teleconference hook-up, registrations may not be shared between office locations – the agency's registration will provide you with access to **ONLY ONE** phone line into the teleconference. For each additional line please submit a separate registration form. Once you are registered, the handouts will be emailed to you **one day before the teleconference** to the email address provided on the registration form. Please feel free to provide an additional email address as a back up. Handouts are emailed in power point – if you are unable to open a power point presentation, please indicate so on the registration so we can make arrangements to send it to you in another format. Thanks!

*Fax completed registrations to (732) 877-1101 or mail with payment to Home Care Association of NJ at 485D Route 1 South, Suite 210, Iselin, NJ 08830. Questions? Please contact Karen Noll at [karen@homecarenj.org](mailto:karen@homecarenj.org).*



## **Home Health Aide Teleconference Series**

**July 15, 2010**

### **The Aide's Role in Infection Prevention and Control**

Speaker: Michelle D. White, MSN, RN

This workshop will focus on understanding the basic principles of infection prevention and control. This workshop will also focus on Blood Borne Pathogens and the principles surrounding transmission and methods in which the aide can protect themselves and the patient.

**August 19, 2010**

### **The Aide's Role in Risk Management**

Speaker: Jan Helsper, RN

Risk management is way to promote safe and effective practices. By managing our risk, we can reduce the possibility of accident or harm to both patients and agency staff. During this workshop, we will discuss the importance of patient rights and responsibilities, negligence and abandonment, accurate documentation, agency policies, following the aide care plan and other factors that influence risk management. We will also discuss occupational risk factors such as personal safety, hazard assessment and ways to reduce potential safety issues.

**September 09, 2010**

### **The Aide's Role in Conflict Resolution**

Speaker: Jan Helsper, RN

Conflict will always be present, both in the workplace and in our personal lives. Conflict is not necessarily a bad thing as long as it is resolved appropriately. The outcome of a conflict very much depends on the participant's conflict resolution skills. A positive outcome can lead to an increased understanding and better working relationship between the people involved. This workshop will assist the aide in understanding the five main conflict styles as well as recognizing and handling conflict. It will include tips on how to manage behaviors, apply problem-solving techniques and provide appropriate feedback.

**November 18, 2010**

### **The Aide's Role in Preventing Falls**

Speaker: Jan Helsper, RN

Falls and the problems resulting from falls are a serious health threat for older adults. About one third of people living at home, who are age 65 or older, fall each year. The home health aide will be able to describe common causes of falls, safety measures that can help prevent falls, and other tips that can be used while providing care to the patient.

**December 09, 2010**

### **The Aide's Role in Depression and Social Isolation**

Speaker: Jan Helsper, RN

A growing number of Americans are becoming socially isolated. In fact, one quarter of all Americans say that they have no one with whom they can discuss personal troubles. Social isolation has been shown to contribute to higher mortality, especially among medically vulnerable groups of individuals. The elderly are particularly prone to depression and a variety of health related issues brought on by social isolation. This workshop will help the aide recognize the signs of social isolation and depression, understand some of the health related issues, and identify ways to help improve the patient's social interaction.

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