



Attendee Registration

2018 Clinical Conference

Home Care & Hospice Association of NJ
Tuesday, November 13
Sheraton Eatontown Hotel
6 Industrial Way East, Eatontown, NJ 07724

All registrations – Attendee and Exhibitor/Sponsor –
are done online at www.homecaresnj.org

CONTACT HOURS

16 courses for which the Association has requested contact hours for nursing are marked **N**.

13 courses for which the Association has requested contact hours for social work are marked **SW**.

Nursing: Home Care and Hospice Association of New Jersey is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.

Accredited status does not imply endorsement by NJSNA, Home Care and Hospice Association of New Jersey, or ANCC of any commercial products or services. Provider Number P148/10-2018.

Social Work: Home Care & Hospice Association of NJ has applied for contact hour approval for appropriate courses. To determine the status of these social work CE applications, social workers should check with the Association at 732-877-1100 or don@homecaresnj.org.

Early Bird Registration Fees: \$205 for Members / \$295 for non-members

After Oct. 19: \$225 for Members / \$315 for non-members

PROGRAM / HOME CARE & HOSPICE ASSOCIATION OF NJ

2018 CLINICAL CONFERENCE / TUESDAY, NOV. 13 / SHERATON EATONTOWN

Program subject to change.



8:00-9:00 AM

REGISTRATION / CONTINENTAL BREAKFAST / EXHIBIT HALL OPEN



8:45-10:10 AM

WELCOME / KEYNOTE ADDRESS

“Substance Use Disorder” N / SW approved for 1.25 ethical contact hours

Francine Hoh, Ph.D., RN, ACHPN, APPMN, Always Think Comfort

The participant will be able to:

- Define the proper terminology related to Substance Use Disorder (SUD)
- Differentiate various assessment tools for SUD
- Identify aberrant behavior
- Explain techniques to interact with patients with SUD



10:10-10:40 AM

REFRESHMENT BREAK / EXHIBIT HALL OPEN



10:40-11:55 AM

FOUR CONCURRENT BREAKOUT SESSIONS

“What Does Behavioral Health Have to Do with Outcomes: Learning Why Integrating Behavioral Health with Chronic Care Can Improve Your STAR Ratings” N / SW approved for 1.25 general contact hours

Katherine Vanderhorst, RN-BC, B.S.N., and Amy Craven, PT, M.S., D.P.T., both of C&V Senior Care Specialists

The participant will be able to:

- Identify the prevalence and severity of behavioral health issues and chronic conditions among the home-bound elderly
- Explain the impact of failure to address behavioral health issues in patients
- Identify the benefits of responding to both patients’ medical and behavioral health conditions
- Identify the steps for a successful behavioral health program

“Employ Utilization Review to Improve Outcomes & Margins Under Home Health Reforms” N

Arnie Cisneros, PT, and Kimberly McCormick, RN, B.S.N., both of Home Health Strategic Management

The participant will be able to:

- Identify upcoming home health reforms and how they will affect home health providers
- Assess areas of contemporary home health care production and delivery affected by the Value Reform
- Describe a utilization review model that allows for home health care production/delivery that achieves goals of home health reform

“The Importance of Advance Care Planning in Early Stage Dementia” N / SW approved for 1.25

general contact hours

Amy Matthews, B.A., Engaging Alzheimer’s, LLC

The participant will be able to:

- Describe three neurodegenerative diseases that cause the symptoms of dementia
- List two reasons why early, accurate diagnosis is important to end-of-life planning
- Identify two ways in which advanced care planning can reduce caregiver stress
- Discuss two ways advance care planning can improve quality of life in late stage dementia & reduce caregiver stress

“Understanding Grief: Complicated Grief and Traumatic Loss” SW approved for 1.25 clinical contact hours

Jeremy Lees, M.S.W., M. Div., CT, Preferred Behavioral Health Group

The participant will be able to:

- Identify the primary symptoms and roots of complicated grief
- Differentiate between complicated grief and complex grief
- Describe effective tools for treating complicated grief
- Recognize symptoms of traumatic loss
- Describe the various adaptive modalities of the grief journey



11:55 AM-1:00 PM

**BUFFET LUNCH / EXHIBIT HALL OPEN / PRIZE DRAWINGS
(exhibit hall closes at 1:00 PM)**



1:00-2:15 PM

FOUR CONCURRENT BREAKOUT SESSIONS

“The Challenges of Providing Hospice Care to Patients with Chronic Mental Illness” N / SW approved for 1.25 clinical contact hours

Jeremy Lees, M.S.W., M. Div., CT, Preferred Behavioral Health Group

The participant will be able to:

- Identify the primary symptoms and impacts of people with the most common chronic mental illness
- Describe effective tools for treating patients with a depressive disorder
- Describe effective tools for treating patients with an anxiety disorder

“Engaging New Jerseyans in Conversations on End-of-Life Care” N / SW approved for 1.25 general contact hours

Tracy Grafton, LCSW, ACHP-SW, Haven Hospice & Palliative Care Program, Hackensack Meridian Health

The participant will be able to:

- Describe the need for advance care planning and end-of-life conversations in the United States
- Describe New Jerseyans’ attitudes toward end-of-life care
- Describe how the Conversation of Your Life Program can engage NJ adults in fruitful conversations on end-of-life care, to create a statewide culture of change
- Apply advance care planning strategies/tools for your patients’ families and integrate them within your health care organization

“Reducing Hospital Readmissions in the Elderly Population with Alzheimer’s Disease and Related Disorders” N SW

Katherine Vanderhorst, RN-BC, B.S.N., and Amy Craven, PT, M.S., D.P.T., both of C&V Senior Care Specialists

The participant will be able to:

- Recognize cognitive issues versus non-compliance
- Utilize strategies to determine causes of behaviors in ADRD individuals
- Employ strategies to successfully deal with identified issues

“Right Care at the Right Time: Meeting Patients and Families Where They Are, from Referral to Discharge” N SW

Keri Linardi, RN, B.S.N., PHN, CHPCA, and Peter Powers, M.S.W., LSW, both of VNA Health Group

The participant will be able to:

- Identify Local Coverage Determinations (LCD) for hospice in NJ
- Recognize how your own bias may interfere with care
- Integrate learned skills into your practice that will allow you to remain objective throughout your clients’ care



2:30-3:45 PM

FOUR CONCURRENT BREAKOUT SESSIONS

“Are You Paying Attention to ADRs and Denials? Tips for Addressing ZPIC Issues” N

Dawn Cheek, RN, B.S.N., McBee Associates, Inc.

The participant will be able to:

- Describe an auditor’s perspective on common ZPIC challenges and findings
- Identify common home health issues that can lead to a ZPIC audit
- List ways to be pro-active in clinical documentation

“Mindfulness for Stress Management” N SW

John Niec, M.A., RScp, Project Management Professional Consultant

The participant will be able to:

- Identify triggers that cause negative reactivity
- Apply mindfulness tools in stressful work situations
- Practice breathing techniques to decrease negative effect
- Create a schedule for mindfulness practice

“Medicare Care Choices Model Integration with Current Hospice and the Financial Impact” N

Keri Linardi, RN, B.S.N., PHN, CHPCA, and Noreen Y. Rathgeber, RN, CJPN, MCCM, both of VNA Health Group

The participant will be able to:

- Measure quality outcomes
- Explain how to prepare for conversations with patients and families regarding care options
- Explain what would make the Medicare Care Choices Model more sustainable

“How Aromatherapy Can Be Incorporated into Palliative and Hospice Care” N SW

Robin B. Kessler, CA, RBK Aromatherapy

The participant will be able to:

- State how aromatherapy can be used in hospice and palliative care settings to help provide comfort
- Indicate how aromatherapy is used in a safe manner
- Explain where to obtain more information/education on aromatherapy
- Explain the effective use of essential oils



4:00-5:15 PM

FOUR CONCURRENT BREAKOUT SESSIONS

“Motivational Interviewing: A Tool for Supporting Health Change” N / SW approved for 1.25 general contact hours

Lazara Paz-Gonzalez, M.P.H., Healthcare Quality Strategies, Inc.

The participant will be able to:

- Identify at least one way that Motivational Interviewing (MI) can assist in service provision to clients
- Name factors that influence one’s ability to change
- List at least three of the five key motivational areas
- Describe and apply the clinical principles and strategies of MI

“Dementia Training and Its Impact on Clinicians’ Perspectives” N SW

Victoria Graham, RN, B.S.N., COS-C, and Deborah Zabilowicz, B.S., RN, CWC, COS-C, both of Hackensack Meridian Health At Home

The participant will be able to:

- Identify potential outcomes related to creating a dementia capable multidisciplinary team
- Explain the elements of dementia education effecting a change in practice in caring for patients with dementia
- Describe how Dementia Capable Care education positively impacts employee satisfaction

“Compassion Fatigue in Health Care Providers and Caregivers” N / SW approved for 1.25 general contact hours

Stacey Rice, RN, B.S.N., CRRN, CCM, BAYADA Home Health Care

The participant will be able to:

- Define Compassion Fatigue and differentiate it from burnout
- Identify risk factors and symptoms of Compassion Fatigue
- List strategies to overcome Compassion Fatigue

“Building a QAPI Program that Raises the Level of Excellence in All Areas of Your Organization” N

Barbara Provini, RN, B.S.N., Accreditation Commission for Health Care

The participant will be able to:

- Describe how an organized QAPI program can improve compliance, satisfaction scores and outcomes
- Explain what Quality Assessment Performance Improvement (QAPI) is and how each staff member contributes to the success of the agency’s QAPI program



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INFORMATION

ACCOMMODATIONS FOR DIVERSITY — Kosher and other dietary preferences **must** be checked off on the online registration form. Please contact the Association at 732-877-1100 or gretchen@homecarenj.org for other needs and ADA requests.

ADVERTISING & EXHIBITING — Contact the Association at 732-877-1100 or don@homecarenj.org to learn how you can reach our attendees by advertising in the on-site conference program, exhibiting or sponsorship.

CANCELLATIONS & REFUNDS — The Association will grant refunds, minus a \$50 registration fee, until the close of business on Monday, Nov. 5. No refunds will be granted thereafter. You may send substitute attendees.

CERTIFICATE — Certificates of completion/contact hour verification will be given to all persons who have signed the course attendance sheet, been in attendance throughout the course and returned an evaluation form. Persons who must leave early due to emergencies will receive credit proportional to their actual attendance if arrangements are made before leaving the conference site. The Association cannot grant less than 0.5 contact hours for any course.

CONFERENCE ATTIRE — “Business casual” is appropriate for the conference. Temperature in the meeting rooms is difficult to control, so you may want to dress in layers (sweaters, shawls, jackets, etc.).

CONFIRMATION — The Association does not send registration confirmations. Payments by credit cards are immediately receipted. Call 732-877-1100 if you need to be sure that your registration has been received.

COURSE COMPLETION REQUIREMENTS — All persons seeking a certificate for contact hours for any course must submit a completed evaluation form at the *end* of the course. Persons who must leave early due to emergencies will receive credit proportional to their actual attendance if arrangements are made before leaving the conference site. The Association cannot grant less than 0.5 contact hours for any course.

COURSES FOR CREDIT — The opening (8:55-10:10 a.m.) session carries contact hours for nurses and social workers. Breakout courses carry contact hours appropriate to nursing and/or social work—please check this program or the on-site agenda for final information about the availability of contact hours for any course. No other conference activities qualify for contact hour credit.

DRIVING DIRECTIONS — Go online to <http://www.sheratoneatontown.com/directions> for directions to the Sheraton Eatontown, 6 Industrial Way East, Eatontown, NJ 07724.

EARLY BIRD REGISTRATION — Registrations must be received at the Association office by Friday, Oct. 19 at 4:30 p.m. to qualify for the early bird rates. Online registration is available at www.homecarenj.org.

GRIEVANCES — Any participant, potential participant or former participant of the Association’s course offering(s) may file a grievance about a course or any components thereof. This includes but is not limited to course content, educational process, promotional or educational materials, course site, facilities and/or technological resources. The aggrieved party shall communicate his/her grievance to the Association through any of the contact points specified below. The grievance should include (a) all relevant information available to the aggrieved and (b) suggested corrective action. The Association will acknowledge receipt of all grievances to the aggrieved. For more information, call the Association at 732-877-1100. Grievances may be lodged through any of these contact points:

- E-mail: don@homecarenj.org • Fax: 732-877-1101
- Surface mail: Home Care & Hospice Association of NJ, 411 North Avenue East, Cranford, NJ 07016

PHOTOGRAPHY — Registration for or participation in any part of the annual conference authorizes the Association to capture your likeness through photographic, audio, video, digital or other means and to use said likeness in non-commercial means to advance its mission.

REGISTRATION PAYMENT — Your registration fee may be paid by American Express, Mastercard or Visa. If you do not have a profile to register online at our website (www.homecarenj.org), please contact susan@homecarenj.org or 732-877-1100. Registrations by credit card are automatically receipted.

VIDEOTAPING / RECORDING - No part of this conference or related events may be electronically recorded by any means without the express permission of both the Home Care & Hospice Association of NJ and the person(s) whose image or words are being recorded, except that **registration or participation in any part of this meeting grants only the Association permission to capture your likeness through photographic, audio, video, digital or other means and to use said likeness in non-commercial means to advance its mission.**