Home Care & Hospice Association of New Jersey

2017 Hospice & Home Care Clinical Team Conference
For Everyone Who Cares for Patients in the Home

“The Best Care Is at Home”

Thursday, November 9, 2017 / 8:00 a.m. – 5:15 p.m.
Eatontown Sheraton Hotel, Eatontown, NJ

SIX SPECIALIZED BREAKOUT TRACKS FOR
Bereavement/Psychosocial • Leadership
Nursing • Pain Management
Patient Rights • Volunteer Management

Keynotes
“Managing Stress & Increasing Focus for Patients & Caregivers”
“The Importance of Advanced Care Planning in Early Stage Dementia”

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Early Bird Registration Discount Ends Oct. 20

Or Email susan@homecarenj.org / Call (732) 877-1100
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8:45 a.m. Keynote Presentation:  
Managing Stress & Increasing Focus for Patients & Caregivers  
Speaker: Joel Weintraub, M.Ed, B.S., Humor for the Health of It  
We all think we have stressful lives but stressors can be overwhelming for a home care or hospice patient and their caregivers. This program will give you the tools you can share with patients and caregivers to ease the stress and anxiety they feel when dealing with illness or end of life care.  (N) (SW – 1.25 non-clinical)

4:00 p.m. Closing Session:  
The Importance of Advanced Care Planning in Early Stage Dementia  
Speaker: Amy Matthews, B.A., Engaging Alzheimer's, LLC  
Advance care planning is meant to delineate patients’ preferences in caregiving after the point where they lose the ability to express those preferences for themselves. The process is particularly important for patients with dementia. This course will examine the symptoms of dementia, how advance care planning can reduce caregiver stress and ways in which advance care planning can improve the quality of life of those suffering late stage dementia.  (N) (SW – 1.25 non-clinical)

Conference Learning Tracks: The conference is built on six content tracks, but you are free to attend whichever course you want in each time slot. You will pick individual sessions (not entire tracks) on the registration form.

An “N” indicates that contact hour applications have been submitted for nursing and social work, respectively. An “SW” indicates that contact hours have been approved as shown. Please call the Association at 732-877-1100 or contact karen@homecarenj.org (nursing) or don@homecarenj.org (social work) for information about contact hour applications.

Bereavement/Psychosocial

10:45 a.m. Theories and Applications of Modern Conceptualization of Grief  
Speaker: Theresa Stewart Moran, M.S.W., LCSW, Passaic Valley Hospice  
The program is intended for the hospice or homecare staff member who is providing bereavement support to family and friends of the deceased patient and/or grieving community members. It will give participants an understanding of current grief theory and specific recommendations for best practice interventions based on evidence-based practice. The program includes education about specific components of effective bereavement interventions suitable for provision of individual or group bereavement support.  (N) (SW - 1.25 clinical/ethics)

1:00 p.m. The Benefits of Narrative Theory & Practice in Bereavement Care  
Speaker: Jeremy Lees, LSW, M.S.W., M. Div. CT., Holy Name Hospice  
We are creatures of story. Story is how we understand and interpret our world. We construct stories to make sense of our lives; we make meaning. We do this through narrative. When we grieve, the narratives we tell enable us to make our lives and relationships with the deceased meaningful. Familiarity with the tools of narrative work is important to bereavement counselors in caring for survivors.  (SW – 1.25 non-clinical)

2:30 p.m. Life & Loss: Overcoming Through Resilience  
Speaker: Jeremy Lees, LSW, M.S.W., M.Div. CT, Holy Name Hospice  
This presentation will illustrate that loss is an integral part of being alive. Hospice and home care professionals care for people who may or may not be able to cope with end stage diagnoses and their end-of-life journeys with resilience. Health care providers need to learn how to recognize resilience when they see it, identify the strengths that enable resilient people to manage life and death and develop ways in which resilience can be
learned and nurtured to better serve patients and their families. This program will illustrate the value of resilience and teach some basic means for becoming more resilient. (SW – 1.25 non-clinical)

Leadership

10:45 a.m. Compliance Belongs to Everyone: How to Get Your Whole Team Involved for a Deficiency Free Survey
Speaker: Keri Linardi, RN, B.S.N., PHN, VNA Health Group
This session will illustrate the importance of engaging all members of the interdisciplinary team in learning the Conditions of Participation and the standards of accreditation (CHAP/TJC). It will give examples of how to successfully integrate all members of your team into agency compliance oversight while promoting teamwork. It takes a village to get to a deficiency free survey and this session will help you to think outside the box and build a team that understands how each of their roles is a link in the chain of compliance. (N)

1:00 p.m. Hospice Regulatory Update
Speaker: Katie Wehri, B.S., Healthcare Provider Solutions
Join hospice expert Katie Wehri for a hospice federal regulatory update. Topics will include the Hospice Wage Index Final Rule for FY2018; electronic filing of Notice of Election (NoE); Hospice Quality Reporting Program (HQR); Workaround for Routine Home Care and Service Intensity Add-On; Hospice CAHPS and Hospice Item Set; the Hospice Cap Transition Year; the OIG Work Plan; and other current regulatory issues. (N)

2:30 p.m. 5 Actions to Engage Patients & Caregivers for Meaningful Results
Speaker: Larry Prince, Ed.M., Prince Health, LLC
Health care professionals face many challenges when trying engage patients and caregivers in their plan of care. Patient participation and accountability is crucial in setting self-directed goals of care, care coordination and achieving desired outcomes. Communication and coaching by the health provider that enables the patient and caregivers to play a significant role in decision making leads to more meaningful results. Participate in this session and learn key actions to take that will boost patient and caregiver engagement in their home health and hospice plan of care. (N)

Nursing

10:45 a.m. Cost Effective Principles in Wound Healing for Home Care & Hospice
Speaker: Joanne Labiak, RN, M.S.N., CWOCN, FNP, Medline
This program will explore the proposed regulations that will focus on preventing skin injuries, how wound and skin care is delivered and the time it takes to heal wounds. This program will differentiate between various treatment options that promote desired outcomes with respect to costs and patient needs, and discuss improved and desirable patient outcomes in hospice and homecare. (N)

1:00 p.m. Infection Prevention Practices in the Home Setting
Speakers: Elizabeth Arnold, M.S.N., RN, Hunterdon Healthcare System, and Maryse Bouton, M.S.N, RN, CWCN, Hunterdon Medical Center Home Health Services
The home environment is a dynamic setting that can be challenging to both field staff and management teams. This presentation will provide a comprehensive update on infection prevention in the home setting. Topics covered will include recognizing potential contamination and transmission risks, hand and equipment hygiene, bag technique and identifying and reporting health care acquired infections. (N)

2:30 p.m. Medical Marijuana in Hospice & Home Care
Speaker: Natalee Felten, Pharm.D. BCPS, Enclara Pharmacia
The use of medical marijuana in hospice and home care is a growing area of interest. It is now legal in many states for both recreational and medical use. Despite an abundance of anecdotal information on marijuana, clinicians require a more in-depth knowledge of various cannabis products, their administration routes, dosing, side effects and interactions with other conventional medications and treatment modalities. Attend this session to learn about medical marijuana’s use in hospice, home care and palliative care nursing. (N)
Pain Management

10:45 a.m. Managing Pain During a Time of Rising Opiophobia
Speaker: Marisa Todd, Pharm.D., BCPS, Enclara Pharmacia
For many seasoned clinicians, we are witnessing a cycle from opiophobia, to greater acceptance of opioids, back to opiophobia. Despite exceptions for hospice and palliative patients, the combination of new laws and publicity about the dangers of opioids is making it harder to prescribe opioids, access opioids and convince our patients that they are safe to use. This course will offer a balanced approach to opioid prescribing and equip you with ways to screen for abuse and diversion and to communicate positively about opiophobia and safe medication use. (N)

1:00 p.m. Complex Pain Management Cases
Speaker: Marisa Todd, Pharm.D. BCPS, Enclara Pharmacia
Most clinicians recognize the common opioid side effects of constipation, nausea, pruritus and urinary retention and the basics of pain management and opioid conversion. This course will go several steps further and delve deeper into pain management education with a focus on neuroexcitatory effects of opioids. Attend this session to get a renewed confidence in approaching and effectively managing complicated pain management cases. (N)

2:30 p.m. Show Me the Evidence: Management of Cancer Related Pain
Speaker: Jeannette Kates, Ph.D., M.S.N., APN-C, GNP-BC, Thomas Jefferson University and Samaritan Healthcare and Hospice
Pain is a common symptom for cancer patients at the end of life and can be a challenge to effectively manage. With the availability of new cancer treatment options, patients are living longer and with chronic and acute cancer related pain. Healthcare professionals must be knowledgeable about the various types of cancer related pain and the evidence-based pharmacologic and non-pharmacologic strategies to effectively manage pain. This session will outline the types of cancer related pain and the evidence related to opioid medications, adjuvant medications and non-pharmacological interventions that can be used. (N)

Patient Rights

10:45 a.m. Engaging in Conversations on End-of-Life Care
Speakers: Deborah Levine, M.P.H., New Jersey Health Care Quality Institute, and Tracy Grafton, M.S.W., LCSW, ACHP-SW, JFK Haven Hospice & Palliative Care
In New Jersey, research shows there remains a strong cultural taboo around end-of-life discussions. We receive some of the most aggressive end-of-life care in the country and there is a wide gap between the care people want versus what they receive. An overview of the need for advance care planning on national, state and local levels will be provided along with practical strategies for addressing this issue through collaborative local efforts. Attendees will learn more about the benefits of strategic advance care planning and will be equipped with a toolkit for integration within their agency and communities. (N) (SW – 1.25 non-clinical)

1:00 p.m. Ethics in Practice: Safety Issues
Speakers: Diana Kwiecinski, M.S.W., LCSW, Lighthouse Hospice; and Theresa Moran, M.S.W., LCSW, Passaic Valley Hospice
The purpose of the course is to increase the capacity of professionals in hospice and home care to deliberate ethical dilemmas that present themselves in serving clients and families. It will present a case study on safety issues in the home, examine whether the ethical values of autonomy, beneficence, non-maleficence and justice are in conflict, and how agency teams can use a well-defined eight-step process to resolve the dilemma. (N) (SW – 1.25 non-clinical/ethics)

2:30 p.m. Conflicts of Dying
Speaker: Erinn Nakahara, M.A.. Hunterdon Hospice
The course will examine the personal and family conflicts that often appear at end of life, covering: the forms conflict may take; styles of mediation; outcomes with or without negotiation; the motives for influencing
involved parties; possible motives using conflict theory work; clinical examples; the impact of such elements as culture, emotions, personality, power and ethics; and techniques for resolving end-of-life conflicts. (N) (SW – 1.25 non-clinical/ethics)

Volunteer Management

10:45 a.m. Unleashing the Potential of Volunteers
Speaker: Erinn Nakahara, M.A., Hunterdon Hospice
Some volunteers instinctively go “above and beyond” while others benefit from volunteer managers seeing untapped potential. This course will explore mentoring volunteers, how to encourage volunteer growth and challenging them, thinking outside the box with volunteer roles, using volunteers in fundraising, using volunteers in outreach and helping volunteers’ ideas grow to fruition to the benefit of volunteer, patient, family and agency alike.

1:00 p.m. Serving Those Who Served: Care and Recognition of Veterans
Speaker: Kimberly A. Rumaker, M.S.S., LCSW, Samaritan Healthcare and Hospice
This course will enhance the capacity of agencies to serve veterans in the community health care setting, including: interfacing with veterans in healthcare systems; use of Military History Checklist; descriptions of frequently encountered conditions with veterans (PTSD, substance abuse, etc.); the value of Veteran-to-Veteran counseling programs utilizing veteran volunteers in the community; and case studies of appropriate recognition ceremonies. (SW – 1.25 non-clinical/social & cultural competence)

2:30 p.m. Regulatory Review for Volunteer Managers
Speaker: Katie Wehri, B.S., Healthcare Provider Solutions
Management of volunteers within the restrictions of federal rules can be a challenge. This course will review all the regulatory requirements for management of hospice volunteers, including criminal background checks, screening and inoculation, computation of travel time, orientation and in-service education, use of interns and young volunteers, administrative and direct patient care duties, duties that may not be included within the “5% rule” and computing activity levels. The course will also examine the differences between government regulation and agency policy.